

Spiral knot bangle

Age: 7-11 Group size:
Duration: 35 mins



Preparation time: 10 mins

Resources

- Pipe cleaners
- Coloured wool -120cms lengths
- scissors

Preparation

Cut the pipe cleaners in half, one half per child.

Cut the wool.

Activity

Fold the wool in half, lay the end of the pipe cleaner on top near the fold

and then pass the rest of the wool through the loop that has been formed. Hold the pipe cleaner vertically so that the wool hangs down on each side of it. Take the right hand length of wool, pass it over the pipe cleaner and under the left hand length of wool.

Take the left hand length of wool under the pipe cleaner and then up through the loop made by the right hand length. Pull the knot tight. Continue to make knots in exactly the same way. Before a knot is tightened too much it may be necessary to slide it up to the previous knot.

Cover the pipe cleaner completely, leaving about a centimetre at each end. Tie the last knot tight. Cut off any extra wool. Twist the ends of the pipe cleaner together to finish.

