

# Knitted coaster

Age: 8+ Group size: 2-4

Duration: 60 mins



Preparation time: 15 mins

## Resources

- Pairs of knitting needles
- Wool in 2 colours
- Felt
- Mug template
- Darning needle
- Glue gun
- Scissors



## Preparation

Divide the wool into small balls for each child – about 3 metres in length. Casting on is difficult to master so the group size

allows for you to stagger the start. Once children are onto knitting the rows and are confident you can divert your time to starting more children.

This activity is meant to be an introduction to knitting for the beginner. If you are already competent you may skip the activity notes in this document. The coaster was knitted with 20 stitches in each row and measures roughly 10cms square. The outer set of stitches were over sewn in a contrasting colour and the felt mug glued on with a glue gun.



# Knitted coaster

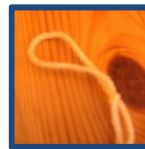
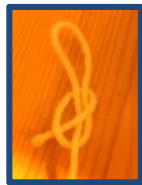
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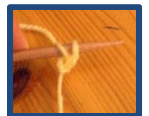
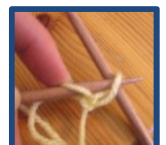
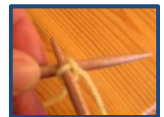


## Basic Knitting Technique – casting on

Begin by making a slip knot for the first stitch. Make a loop, take the end of the wool back around the loop, across the front and back through itself.



Slip a knitting needle through the loop and pull the long end to tighten it. Put the needle with the loop on into your left hand. Push the other needle through the loop underneath the first needle (where the knot is). Take the long end of wool and bring it up between the 2 needles. Gently pull the bottom (right hand) needle out until the long piece of thread is on the end of it. Pull the needle up so that a new loop appears on the right hand needle. Slip the new loop onto the left hand needle alongside the original loop. Now you have 2 stitches. Continue to make new stitches in exactly the same way until you have 18-20 stitches on the left hand needle. This is the first row.



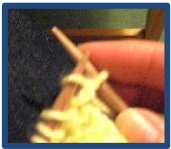
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Keep the needle with the stitches on in your left hand. Push the right hand needle underneath the first stitch and pull the wool between the 2 needles as you did for casting on new stitches. This time keep the new stitch on the right hand needle and allow the stitch from the left hand needle to drop off, forming the first stitch of the second row. Continue in the same way until all the



stitches have been transferred to the right hand needle. Put the needle with the knitting on into your left hand and start the next row. Continue knitting until the piece is about 10cms long.

## Casting off



The left hand needle should hold the knitting. Take the right hand needle and knit two stitches. Take the left hand needle and use it to push the stitch at the end

of the right hand needle over the top of the first stitch. Drop the overtaken stitch so that there is still one stitch on the right hand needle. Repeat the process – knit another stitch so that there are 2 on the right hand needle, then use the left hand one to pull the back stitch over the new one, dropping the first one. When there is only one stitch left on the right hand needle and none on the left, pull the needle up so that the loop gets longer. Take the



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needle out and then pull the loop a little tighter and knot it securely into the knitting so that it will not unravel.



Attach contrasting wool to a darning needle and over sew a border around the coaster.



Use the template to draw a mug shape on felt, cut out and glue to the centre of the coaster.

Golden Time

