

Heart pendant

Age: 3-8 Group size: 5-20

Duration: 20 mins total



Preparation time: 30 mins

Resources

- 2 tablespoons vegetable oil
- 10 oz. salt
- 10 oz. flour
- 8 oz water
- Red/pink food colouring
- Oven, preheated to gas 2, 150°C
- Baking trays
- Heart cookie cutters or card templates
- paintbrushes



Preparation

Make the salt dough ahead of time. It will keep overnight in a fridge if kept airtight. Put the flour and salt into a mixing bowl with the oil and stir together. Slowly mix in the water. Add red food colouring to the dough and mix in.



Add a little flour if the colouring makes the dough sticky.

Activity

Each child needs a small piece of dough. Roll it out and cut out a heart shape. Use the end of the paintbrush to make a small hole in the top. Beads and buttons can be pushed into the heart or marks made around the sides. Bake for about 2 hours or until hard. When cool, thread with cotton.



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Golden Time

